



INSIDE NORTH VALLEY

A monthly publication of North Valley Friends Church

January 2012

PEACE MONTH

In January we are going to join with other Northwest Yearly Meeting churches in observing Peace Month. This year the focus is on our Quaker testimonies. A helpful way to remember the testimonies is with the acronym **SPICE**, which stands for **S**implicity, **P**eace, **I**ntegrity, **C**ommunity and **E**quality.

Friends throughout history have exemplified living out their faith in ways that are world-changing. That fact makes this upcoming series a wonderful way to continue our conversation about Discipleship: Together on the Jesus Way.

Friend's testimonies are values and practices that overtime have come to express the way we have felt led by God to enact God's love in the world. They are general themes that provide a framework that gives guidance to our choices. The testimonies rise from a concern for purity, holiness and consistency with God's order and are based on our desire to live as if the kingdom of God were a reality now and not some golden age of the past or a blessed event in the future. These outward expressions of enacting God's love in the world are based on our direct relationship with God and a profound belief in the power of God to prevail over the forces of sin and evil in the world and all of creation.

We will engage the whole congregation in this conversation as the children will also explore the testimonies at an age-appropriate level each week. Our hope is that we will all feel challenged and equipped to follow Christ's call more faithfully as Friends with a history as well as a future.



THE FRIENDS TESTIMONIES:
**Simplicity, Peace, Integrity,
Community, Equality**

Peace Month | January 2012

**GO TO THE
[NW YEARLY MEETING WEBSITE](#)
FOR MORE INFORMATION AND
FOR PEACE MONTH RESOURCES.**

TABLE OF CONTENTS:

Peace Month...1	Creating Whole and Healthy Families...4	Sunday School Trip Pictures...8
All Church Retreat ...2	Christmas Program pictures...5	January Calendar...9
Announcements...3	Adult Fellowship and Ed. Opportunities...6	January Worship Calendar...10
	Wednesday with Friends Start-Up...7	Birthdays & Youth News...11

THE ALL CHURCH RETREAT IS COMING!

THE NORTH VALLEY ALL CHURCH RETREAT PRESENTS:

**FEBRUARY 3-5, 2012
COST: \$10/PERSON
(\$50 MAXIMUM)**



Once again, in the beautiful Willamette Valley and the cozy confines of North Valley Friends Church, the NV community will gather for a weekend of rich connection.

Our theme this year is “Disciples at Play.” The journey of following Christ as his disciples is serious work and we’ve been exploring it seriously this year. But it also involves the important element of playfulness. So we will practice this playfulness together in a number of lively ways. The weekend will include intentional sharing in large and small groups, Saturday afternoon options of hiking, bowling, crafts, or a service project, evening board games, and of course, the Saturday evening folk dance. Our Sunday worship will include hymn singing and hearing life journeys from two of our North Valley community.

Childcare will be provided during times of adult community building.

Come do the work of being seriously playful disciples and growing in our love and care for one another.

ANNOUNCEMENTS



NWYM FRIENDS MEN'S RETREAT FEBRUARY 24-26 | TWIN ROCKS FRIENDS CAMP

Orphans or Sons?

There's something special about men getting together for a weekend at Twin Rocks. It's a time of playful trash talk amid basketball, miniature golf, billiards, and ping pong. The food is amazing and plentiful. And you go home feeling challenged and encouraged by the great conversations you've had with men about real life issues. Gregg Lamm, engaging pastor-teacher of 2nd Street Community Church, will serve as the retreat's main speaker under the theme "Orphans or Sons" - are you living as an orphan or as a son of God? This retreat is for men ages 13 and up—feel free to bring your teenage son(s) with you!

Click on this link for more information:

[Friends Men's Retreat](#)

MEETING FOR BUSINESS | FEBRUARY 22



Plan now to attend the Meeting for Business on Wednesday, February 22 at 6:30 pm. Bring your family for the community meal at 5:30 and stay for the Meeting.

(Please RSVP for the meal in the blue book or on the sign up sheet in the foyer in February.)



WORLD RELIGIONS DAY SUNDAY, JANUARY 15 | 3-5 PM George Fox University Cap & Gown room

George Fox University will celebrate World Religions Day with a speaker panel of community members from the Portland area.

GFU's Center for Peace and Justice and Center for Global Studies will host a celebratory event in commemoration of World Religions Day.



GRIEF RECOVERY SEMINAR AND SUPPORT GROUP THURSDAY NIGHTS 6:30—8:30 PM First Federal Savings & loan Conference Room 121 North Edwards, Newberg

Second Street Community Church is offering a grief support group on Thursday nights beginning January 12, 2012. They will be using Grief Share resources which include videos sessions from some of the nation's foremost Christian experts in grief and recovery. Topics include: the journey of grief, your family and grief, and God's prescription for grief. See the flyer posted in the foyer for more information or call facilitator Ginger Hoover at 503.639.4787.

CREATING WHOLE & HEALTHY FAMILIES

TRAINING FOR PARENTS & CHILDREN'S WORKERS:

Creating Whole and Healthy Families

Facilitated by Dr. Doreen Dodgen-Magee

JANUARY 7, 2012 | 9 AM- 2 PM
North Valley Friends Church Fellowship Hall 4020 N. College Street

Dr. Doreen Dodgen-Magee will facilitate a training focused on creating whole and healthy families. Topics such as communication, discipline and cooperation will be covered. Using a working knowledge of multiple intelligences (the many different ways in which God has created us to be smart in the world) will be shared in an effort to help parents and teachers discover and build up each child's unique giftedness. Research and resources will be presented in manners that will illuminate healthy ways to enhance the executive function of children (and their parents). Executive function is a unique set of skills including emotional regulation, bodily attunement, empathy, and self control.

Childcare will be provided and lunch will be served.
Please RSVP by January 4th to the office at NVFC:
office@northvalleyfriends.org or 503.538.5340

CREATING WHOLE AND HEALTHY FAMILIES
TWO FOLLOW-UP WEDNESDAY NIGHT SESSIONS
January 11 & 18, 2012 | 6:30 - 8 pm

Doreen will take these two Wednesday nights to address specific questions that arise from our seminar.

Facilitator Dr. Doreen Dodgen-Magee

Dr. Doreen Dodgen-Magee is a licensed psychologist in Portland Oregon, maintaining both an individual therapy practice and a national public speaking docket. She has 20 years experience working with adults dealing with issues of loss, depression, relationships, and life transitions and has a sub-specialty consulting with parents experiencing difficult child related dilemmas.

She is an author as well as a frequent guest lecturer in professional, medical, and parenting circles and offers continuing education for psychologists, medical professionals, educators, and administrators. Her public speaking style is engaging, quick paced, research based, and continually up to date as she endeavors to keep a finger on the pulse of both popular cultural trends and shifts as well as scholarly discourse and research. Doreen excels at creating hospitable spaces, both personally and professionally, allowing people to

LIVING CHRISTMAS CARDS II



ADULT FELLOWSHIP & EDUCATIONAL OPPORTUNITIES



Adult Classes

Sunday Morning Educational Opportunities

BOOK STUDY

This is a great time of stimulating conversation and fellowship. We are currently studying “Finding Our Way Home” by Mark McMinn. Feel free to join us, Sunday Mornings from 9:00-10:30 am, in the meeting room at Coffee Cottage. If you have questions or want to let us know you are participating, contact Debbie Headley at 503 547- 7993 or d.headley@comcast.net. Books, both new and used, can be purchased from Amazon or bought new from Barclay Press.

ADULT FRIENDS CLASS

This class meets at 9:30 am on Sunday mornings in the Fellowship Hall Classroom. They are studying the book of Luke using the Illuminate Friends Bible Study material. Contact Bill Rourke at mybill-rourke@hotmail.com for more information.

Wednesday With Friends Educational Opportunities

Current Wednesday night class offerings and information about our Wednesday night community dinner is provided on Page 7 of this newsletter.

Fellowship Opportunities

OF A CERTAIN AGE LUNCH | JAN. 8

Those of us who have attained “a certain age”, gather for a regular monthly lunch get-together after worship, typically on the second Sunday of the month. The location varies and is communicated through the weekly church bulletin and our all church Google group. Questions? Contact Bill Rourke at 503.538.5567 or by e mail - mybill-rourke@hotmail.com. (We’ll let you decide if you are “of a certain age”, but it’s likely that single or married adults whose children are grown (or close) will enjoy this event.)

MEN’S BREAKFAST | JANUARY 21

Join other men from the church for food and fellowship on the third Saturday of the month at 8am in the cafeteria at Providence Newberg Hospital. Questions? Contact Earl Tycksen at 503.537.2208 or by email - earl.tycksen@friendsview.org.

MOVIE NIGHT! | JANUARY 21

All adults are invited to join in on movie nights, held the third Saturday of each month at 6:30 p.m. in the church library. Bring a snack to share and join the fun! Questions? Contact Laurie Conant at 503.310.2442 or by email - laurieconant@frontier.com.



WEDNESDAY WITH FRIENDS RESUMES



Wednesday with Friends
Dinner and Activities
begin again
JANUARY 11, 2012. Join us!

Wednesday with Friends Dinner

Join us for dinner each Wednesday night at 5:30 for a shared meal beginning January 11, 2012.

Educational Opportunities Winter 2012

CREATING WHOLE & HEALTHY FAMILIES DISCUSSION NIGHTS

JANUARY 11 & JANUARY 18 ONLY

CONTINUING THE CONVERSATION

JANUARY 11—MARCH 21

This Wednesday night study group gathers at 6:30pm to continue the weekly conversation which started during the previous Sunday morning worship service. We gather to review the key ideas from the sermon, our own spiritual recognitions and the results of our listening together and individually throughout the week. Our shared commitments and practices include participating faithfully in the worship time, while taking notes regarding the sermon and our thoughts in response. We then center each day to ask what God is bringing to us and continue with the discipline of journaling so that we can share our thoughts with others. As we share with one another, we seek connections between our individual life and our corporate life and then look for appropriate applications of our learning in our daily lives. This class will be facilitated by Scot Headley and Nancy Thomas.

ONGOING BOOK OF ESTHER STUDY

JANUARY 11—MARCH 21

THE FOLLOWING ADDITIONAL CLASSES BEGIN JANUARY 25, 2012

WHY FRIENDS ARE FRIENDS CLASS-BUILDING A SHARED VISION & COMMUNITY AT NORTH VALLEY

JANUARY 25 – MARCH 21

Why are Friends Friends? What are their beliefs and practices? What is their history? And how does all of this find expression in the life of North Valley?

These questions and more will be the focus of this series of classes. Friendly discussion is offered especially for those who are new to Friends, but any and all who are interested in exploring these questions are warmly invited to participate. This class will be coordinated by Lynn Holt and include a variety of presenters.

BOOK STUDY: GETTING THE LOVE YOU WANT: A GUIDE FOR COUPLES

JANUARY 25 – MARCH 21

In this book author Harville Hendrix helps couples discover the unconscious reasons we chose the partner we did and how to address resulting conflicts and grow into more aware and healthy marriage. The book is divided into three parts:

Part I. The Unconscious Marriage – addresses how our childhood experiences, self image and ideals of romantic love create marital struggles.

Part II. The Conscious Marriage – addresses such issues as commitment, closing relationship exits, increasing knowledge of yourself and your partner.

Part III. Ten Steps Toward A Conscious Marriage – a series of practical exercises to help couple work on the teachings. This class is lead by Paul Bock.

All are invited. Ideally, spouses should come together, but if only one spouse can attend, we ask that the other spouse be reading along with the spouse that is attending. The book can be purchased on Amazon used very cheaply. We'll be using the Sept. 1, 2001 paperback edition.

SUNDAY SCHOOL TRIP TO FISHER'S



January

2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1  New Year's Day WORSHIP SERVICE	2 OFFICE CLOSED	3 7pm Missions Committee Mtg.	4	5	6	7 9am "Creating Whole & Healthy Families" Workshop 7pm Sandoz Baby Shower
8 12pm Admin. Mtg. 12:30pm Of A Certain Age Lunch 5:30pm Adoptive Families Gathering	9	10	11 Wednesday with Friends Dinner (5:30pm) Activities(6:30pm)	12	13 High School youth leave for MIDWINTER Retreat	14
15	16  Martin Luther King Jr. Day	17 7pm Stewards Mtg.	18 Wednesday with Friends Dinner (5:30pm) Activities (6:30pm)	19	20	21 8am Men's Break- fast 6:30 pm Movie Night!
22	23	24	25 Wednesday with Friends Dinner (5:30pm) Activities (6:30pm)	26	27	28
29	30	31				

JANUARY WORSHIP CALENDAR

JANUARY 2012	1	8	15	22	29
Greeters	Verna Munn	Vonnie Burton	Annie & Earl Tycken	Janine Saxton	
Ushers	Bill Rourke	Stuart Griffith	Daryl Burton	Don Parrish	John Frost
	Jim Allison	Jeremy Baker	Lukas McKennon	Alan Parry	Daryl Burton
	Jared Jones	Darryl Brown	Ron Fieldhouse	Erik Funk	Jon Holt
	John Frost	Jessica Trout	Jon Holt	Brian Bews	Jim Allison
	George Piper		Michael Pender	Anna Baker	
Music	Paul Bock	Jared Jones	Joel Bock	Joel Bock	Janine Saxton
	Michael LeClair	Colby Spell	Nathaniel Ankeny	Michael LeClair	Aletha McKennon
	Linda LeClair	Brian Bews	Melissa Thomas	Linda LeClair	Steve McKennon
	Wes Cropper	Anne Marie Bracco		Wes Cropper	Michael LeClair
	Joel Bock			Jon Holt	Linda LeClair
	Jon Holt				
Sound	Rawlen Smith	Steve McKennon	Mike McConaughy	Steve McKennon	Austin Huelsbeck
Power Point	Nathan Murray	Jennie Harkema	Jessica Trout	Nathan Murray	Peter McKennon
Media	Paul Bock	Jared Jones	Joel Bock	Joel Bock	Aletha McKennon
Preach/Facilitate	Colin Saxton	Lynn Holt	James Tower	Paul Bock	Paul Anderson
Monthly Focus					
10:45 Nursery		Heidi Pender	Liz Majdecki	Leanne Baker	
3 and under		Michael Pender	Anna Baker	Adina McConaughy	
Jr. Helper	Elsie McConaughy	Brenna Baker	Brenna Bews	Jenna Allison	Betsy LeClair
CHILDREN'S CHURCH					
4s-K Teacher	Noel Carey	Mindy Allison	Angela Kantz	Beth Woolsey	Jered McConaughy
4s-K Helper	XX	Jim Allison	Jonah Harkema	Greg Woolsey	Miriam Bock
4s-K Jr. Helper	XX	Kasey Allison	Maggee Hodgdon	Abby Woolsey	Adria McKennon
1st-3rd Teacher	XX	Kristi Longstroth	Jody Jones	Shawn McConaughy	
1st-3rd Helper	XX	Bryanna Henry	Erinn Baker	Katrina McConaughy	Amy Lutz
1st-3rd Jr. Helper	XX	Becky Headley			
4th-5th Teacher	XX	Scott Conant	Eric Bock	Webb Thomas	Priscilla Lowery
	XX	Bryna Parry	Amanda McConaughy	Ramona Ford	Rob Felton

BIRTHDAYS AND YOUTH NEWS

YOUTH ANNOUNCEMENTS

MIDWINTER 2012 | JANUARY 13-16

At this year's [Midwinter high school retreat](#), Rusty St. Cyr, Director of Spiritual Formation at George Fox University, will speak on the quality of freedom God intends for us to experience. Retreat directors Katie Krueger, Rachel Clarkson and Ingrid Stave are also planning plenty of community-building (and FUN) activities as well as a service project. Eric Muhr is returning as camp cook. Leslie Murray will be there as well! The registration deadline is January 6, and the cost is \$65. Scholarships are available.

JUNIOR HIGH JAMBOREE | FEBRUARY 17-20

JHJ serves as an opportunity for fellowship and evangelism, with low-key instruction. This camp is planned by the Newberg Area Exec—a group of high school students, with oversight from Twin Rocks Friends Camp. It is held at [Twin Rocks Friends Camp](#).

Want more information? Click on the links below:

[Junior High Jamboree Brochure](#)

[Junior High Registration](#)

YOUTH GROUP 2012 START-UP DATES

High School youth group will meet on Sunday, January 8th and Middle School youth group will begin again Wednesday, January 11th.

TWIN ROCKS FRIENDS CAMP NOW HIRING SUMMER STAFF

Twin Rocks is now recruiting committed Christian youth and young adults for its college-age Summer Staff program and high school Servant Leadership Program (SLP). Twin Rocks Summer Staff and SLP team members commit to an intensely challenging and rewarding summer of working, serving, playing, and growing in Christ together. Please visit the Twin Rocks website at www.twinrocks.org for more information or contact Program Director Joseph Thouvenel at 503.355.2284; joseph@twinrocks.org.

2012 DATES: Summer Staff: May 31—August 18
Summer Staff applications due: February 27

Servant Leadership Program: June 24—July 29
SLP applications due: March 30



BIRTHDAYS

- 1 Bill Rourke
- Grace Pender
- 5 Eric Steffen
- 7 Arthur Roberts
- 8 Lois Lehman
- 9 Gracen Sandoz
- Kristen Sandoz
- 12 Aden Woolsey
- Kim Boyd
- 13 Doug Pugsley
- John Frost
- Scott Conant
- 14 Valerie Whitmore
- 15 Kjersti LeClair
- 17 Wes Cropper
- 18 Carley Kinnunen
- 21 Jared Jones
- 23 Laura Hampton
- 28 Della Anderson
- 29 Joel Holt

ANNIVERSARIES

- 1 Colin & Janine Saxton
- 14 Greg & Beth Woolsey

NORTH VALLEY FRIENDS CHURCH

4020 North College Street
Newberg, OR 97132

NORTH VALLEY FRIENDS CHURCH

Staff:

- Lynn Holt Lead Pastor
- Leslie Murray Pastor, Children & Youth
- Paul Bock Pastor, Worship & Community Life
- Erim Hampton Administrative Assistant
- Cherie Bock Media & Website Administrator
- Noel Carey Children's Education Assistant
- Lauren Dodge Youth Ministry Intern

North Valley Friends is a Quaker community of ministers who seek to follow Jesus Christ faithfully, love each other deeply and continue His ministry in the world.

VISIT US ONLINE:

NVFC: www.northvalleyfriends.org

NWYM: www.nwfriends.org

This newsletter is available online at www.northvalleyfriends.org

CHURCH OFFICE

Office Hours:

Monday 9:00 am-1:30 pm
Wednesday 9:00 am-1:30 pm
Friday 9:00 am-1:30 pm

Phone: 503-538-5340

E-Mail: office@northvalleyfriends.org

SCHEDULE OF SERVICES

Sunday:
9:30 am Sunday School for all ages
9:30 am Unprogrammed Meeting
10:45 am Programmed Meeting