



INSIDE NORTH VALLEY

A monthly publication of North Valley Friends Church

February 2012

SIMPLICITY: LIVING WITH OPEN HANDS

BY ANDY HENRY

At North Valley Friends, we are taking this month to explore the Quaker testimonies: simplicity, peace, integrity, community and equality. Last Sunday our lead pastor, Lynn, shared some great insights on simplicity. After reflecting on this word into the week, I began to envision simplicity in a new way. I realized afresh that simplicity is not *primarily* about wealth and possessions, but about *living with open hands*. I remembered the words of Henri Nouwen:

To pray means to open your hands before God. It means slowly relaxing the tension which squeezes your hands together and accepting your existence with an increasing readiness, not as a possession to defend, but as a gift to receive (With Open Hands, p. 21).

I think the same could be said of simplicity. It is about relaxing and releasing the tensions that keep us from living with open hands before God.

It's important to remember that both rich and poor can live with closed hands. The hands of the rich are often closed into fists of greed, to protect their power and possessions. Their hands are too full to receive what they truly need or to give what others need. For, as Augustine remarked, God gives where God finds open hands. The poor can also live with closed hands in hoarding, unable to trust that God is a loving Parent who will provide for their needs each day. Neither represents the true abundance of holy simplicity.

Simplicity is not about possessions but about *freedom from possession*. It's about learning the liberty of Paul's attitude: "I have learned the secret of being content in any and every situation...whether living in plenty or want...I can do everything through [Christ] who gives me strength" (Philippians 4:12-13). Our trust in a loving God liberates us to both give and receive, to be blessed and to be a blessing. Philip Harnden writes: "We take delight in things; we take delight in being loosed from things. Between these two delights, we must dance our lives" (*Journeys of Simplicity*, p. 4). Whatever God wants to give us, we can receive it. Whatever God wants us to give, we can give it. Richard Foster calls this open-handed way of living "unconditional generosity." He describes it as a "way of living in which everything we have we receive as a gift, and everything we have is cared for by God, and everything we have is available to others when it is right and good." (*Freedom of Simplicity*, p. 62).

Who or what possesses you? What needs relaxed and released so that you can live with open hands? As we hear and head the call of Christ, may we experience the freedom and abundance of simplicity.



TABLE OF CONTENTS:

"Simplicity" by Andy Henry ...1	Faith In Action...4	February Calendar...7
All Church Retreat ...2	Spotlight: Missions Committee...5	February Worship Calendar...8
Community Announcements...3	NVFC Announcements...6	Birthdays & Youth News...9

ALL CHURCH RETREAT!

**NORTH VALLEY FRIENDS CHURCH
FEBRUARY 3-5, 2012**

COST: \$10/PERSON (\$50 MAXIMUM)

Once again, in the beautiful Willamette Valley and the cozy confines of North Valley Friends Church, the NV community will gather for a weekend of rich connection. Come do the work of being seriously playful disciples and growing in our love and care for one another. Childcare will be provided during times of adult community building.



RETREAT SCHEDULE

Friday, 7-9pm

The Play Begins: Music, Mixing and Games!

◇ Bring a snack to share and your favorite board game(s)!

Saturday

- 9am Coffee & Donuts
- 9:30am Worship & Community Building
- 12pm Lunch together
- 1 – 5:30pm Afternoon Activities

◇ Service Project

◇ Crafts

◇ Hiking

◇ Bowling

- 5:30pm Dinner
- 6:30pm Dance
- 8:30pm Games for those who want to hang out. Bring more snacks!

Sunday

- 9:30am Continental Breakfast
- 10:15am Hymn Sing
- 10:45am Programmed Worship

COMMUNITY ANNOUNCEMENTS



NWYM FRIENDS MEN'S RETREAT FEBRUARY 24-26 | TWIN ROCKS FRIENDS CAMP

Orphans or Sons?

There's something special about men getting together for a weekend at Twin Rocks. It's a time of playful trash talk amid basketball, miniature golf, billiards, and ping pong. The food is amazing and plentiful. And you go home feeling challenged and encouraged by the great conversations you've had with men about real life issues. Gregg Lamm, engaging pastor-teacher of 2nd Street Community Church, will serve as the retreat's main speaker under the theme "Orphans or Sons" - are you living as an orphan or as a son of God? This retreat is for men ages 13 and up—feel free to bring your teenage son(s) with you!

Click on this link for more information:

[Friends Men's Retreat](#)

TWIN ROCKS FRIENDS CAMP NOW HIRING SUMMER STAFF

Twin Rocks is now recruiting committed Christian youth and young adults for its college-age Summer Staff program and high school Servant Leadership Program (SLP). Twin Rocks Summer Staff and SLP team members commit to an intensely challenging and rewarding summer of working, serving, playing, and growing in Christ together.

Please visit the Twin Rocks website at www.twinrocks.org for more information or contact Program Director Joseph Thouvenel at 503.355.2284; joseph@twinrocks.org.

2012 DATES:

Summer Staff: May 31-August 18

Summer Staff applications due: February 27

Servant Leadership Program: June 24—July 29

SLP applications due: March 30



TILIKUM is looking for 30 amazing individuals to serve on the 2012 Summer Staff.

If you or someone you know is interested in a summer at Tilikum we would love to hear from you!

Positions Hiring:

* Day Camp Staff, Adventure Program (TAP) Staff,
Summer Camp Office Manager, Head Lifeguard

Pay/Benefits 2012:

- * Housing provided at George Fox University.
- * Lifeguard, CPR, first aid, and program training.
- * First Year Staff: \$2,300
- * Returning Staff: \$2,500

Dates:

Applications Due: Feb. 29, 2012

Summer Staff Program: May 29 -
August 18, 2012

Lifeguard Training: May 25-28,
2012 (Sunday off)



Must be eighteen years or older, and at least one year out of high school to apply. For more information and application materials go to www.camptilikum.org. Call Tami Ankeny at 503-538-2763 or e-mail tilikum@georgefox.edu if you have questions.

DO YOU HAVE TIME?

Older Adults Need You!



“When these girls come to do my shopping, it opens another door. It reminds me that I am alive.”
-Addie,
care recipient

Contact Jill Smith

503 537-1549

fia.newberg@providence.org

Faith in Action
310 Villa Road, Suite 110
Newberg, OR 97132

- Shopping
- Transportation
- Housekeeping
- Minor Home Repairs
- Yardwork



Become a Volunteer Caregiver!

Helps us care for those who need an extra hand.

We are looking for volunteers excited about giving back and making a difference in someone's life.

In volunteering with *Faith in Action*, your service will help keep a care recipient stay independent.

Any amount of volunteering is greatly appreciated!

Opportunities flexible

- 1x week
- 2x month
- Weekly

SPOTLIGHT: MISSIONS COMMITTEE



SPOTLIGHT: MISSIONS COMMITTEE

If you ask any member of the Missions Committee the main goal of all the activities they do, they might tell you that they want the people of North Valley to connect personally to the missionaries we support around the world, and to invite every person at North Valley to support these missionaries both financially and in prayer.

Missions Moments during programmed worship help keep the North Valley community in touch with the missionaries we support, either by giving a simple update, or by hosting missionaries in-person or via Skype. Skype especially gives North Valley the opportunity to connect with missionaries no matter where they live.

Fundraising activities such as the Giving Tree with tags to benefit EFM and J. Rourke during November and December last year help the North Valley community support missionaries financially--and events such as the Pizza/Pop/Pie Auction create the opportunity for fun and fellowship while supporting missions around the world!

Currently, there are four members on the Missions Committee: Heidi Pender, Katrina McConaughey, Verna Munn, and Adina McConaughey.

The members of the committee spend a significant portion of each meeting in prayer for each other and for the missionaries around the world.

The Missions Committee is excited to have the community of North Valley get involved with missions in the following ways:

- Giving sacrificially financially and with time and prayer to support missionaries.
- Adopting specific missionaries to encourage through personal contact and prayer support.
- Families with children taking time to include their children in the care of missionaries.
- Asking teachers in children's church and Sunday School to consider incorporating awareness of and care of missionaries into their lessons and activities with the children.

NVFC ANNOUNCEMENTS



MEETING FOR BUSINESS FEBRUARY 22

Plan now to attend the Meeting for Business on Wednesday, February 22 at 6:30 pm. Bring your family for the community meal at 5:30 and stay for the Meeting.

(Please RSVP for the meal in the blue book.)



WEDNESDAY NIGHT HELP NEEDED

Would you be willing to help clean up after the Wednesday night meal occasionally? Help is needed. If you are interested and available please contact Lynn Holt.

Fellowship Opportunities

OF A CERTAIN AGE LUNCH | FEB. 12

Those of us who have attained “a certain age”, gather for a regular monthly lunch get-together after worship, typically on the second Sunday of the month. The location varies and is communicated through the weekly church bulletin and our all church Google group. Questions? Contact Bill Rourke at 503.538.5567 or by e mail - mybillrourke@hotmail.com. (We’ll let you decide if you are “of a certain age”, but it’s likely that single or married adults whose children are grown (or close) will enjoy this event.)

MEN’S BREAKFAST | FEBRUARY 18

Join other men from the church for food and fellowship on the third Saturday of the month at 8am in the cafeteria at Providence Newberg Hospital. Questions? Contact Earl Tycksen at 503.537.2208 or by email - earl.tycksen@friendsview.org.

MOVIE NIGHT! | FEBRUARY 18

All adults are invited to join in on movie nights, held the third Saturday of each month at 6:30 p.m. in the church library. Bring a snack to share and join the fun! Questions? Contact Laurie Conant at 503.310.2442 or by email - laurieconant@frontier.com.

FEBRUARY

2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Wednesday with Friends Dinner (5:30pm) Activities(6:30pm)	2	3 All Church Retreat! 	4
5	6	7 6:30 pm Land Use Committee 7 pm Missions Committee	8 Wednesday with Friends Dinner (5:30pm) Activities(6:30pm)	9 7 pm Stewards	10	11
12 12:30 pm Of A Certain Age Lunch 5:30 pm Adoptive Families Gathering	13	14	15 Wednesday with Friends Dinner (5:30pm) Activities(6:30pm)	16	17	18 8 am Men's Breakfast 6:30 pm Movie Night!
19	20	21	22 Wednesday with Friends Dinner (5:30pm) <u>Meeting for Business</u> (6:30pm)	23	24	25
26	27	28	29 Wednesday with Friends Dinner (5:30pm) Activities(6:30pm)			

FEBRUARY WORSHIP CALENDAR

FEBRUARY	5	12	19	26
Greeters	Verna Munn	Vonnie Burton	Annie & Earl Tycksen	Janine Saxton
Ushers	Bill Rourke	Don Parrish	Daryl Burton	Stuart Griffith
	Jim Allison	Jeremy Baker	Lukas McKennon	Alan Parry
	Jared Jones	Darryl Brown	Ron Fieldhouse	Erik Funk
	John Frost	Jessica Trout	Jon Holt	Brian Bews
	George Piper	Michael Pender		
Music	Joel Bock	Jared Jones	Janine Saxton	Sandi Thornton
	Nathaniel Ankeny	Colby Spell	Aletha McKennon	Lukas McKennon
	Melissa Thomas	Brian Bews	Steve McKennon	Emily-Grace Cropper
		Anne Marie Bracco	Michael LeClair	Peter McKennon
			Linda LeClair	Adria McKennon
				Steve McKennon
Sound	Steve McKennon	Steve McKennon	Mike McConaughy	Rawlen Smith
Power Point	Jennie Harkema	Nathan Murray	Peter McKennon	Jessica Trout
Media	Joel Bock	Jared Jones	Aletha McKennon	Sandi Thornton
Preach/Facilitate	Jered Jones, Bonnie Kiser	Lynn Holt		Paul Bock
Monthly Focus	All Church Retreat			
10:45 Nursery	All Church Retreat	Janelle Oliveraz	Heidi Pender	Leanne Baker
3 and under		Joseph Oliverz	Michael Pender	Adina McConaughy
Jr. Helper		Brenna Bews	Betsy LeClair	Brenna Baker
4s-K Teacher	All Church Retreat	Bryanna Henry	Jered McConaughy	Mindy Allison
4s-K Helper		Amy Lutz	Miriam Bock	Jim Allison
4s-K Jr. Helper		Maggee Hodgdon	Becky Headley	Kasey Allison
1st-3rd Teacher	All Church Retreat	Jody Jones	Priscilla Lowery	Lynn Holt
1st-3rd Helper		Katrina McConaughy		Amanda McConaughy
1st-3rd Jr. Helper		Elsie McConaughy	Adria McKennon	
4th-5th Teacher	All Church Retreat	Scott Conant	Eric Bock	Webb Thomas
		Bryna Parry	Rob Felton	Ramona Ford

BIRTHDAYS AND YOUTH NEWS

Youth News

JUNIOR HIGH JAMBOREE | FEBRUARY 17-20

Junior High Jamboree - February 17-Feb. 20 is held at Twin Rocks Friends Camp. The cost is \$120 if registered by February 10th. This retreat is for middle schoolers and is a great way to introduce your youth to Twin Rocks - especially if they are thinking of attending Tween Camp this summer. Matt and Haley Krueger are the main speakers and they are speaking on "Called to be Friends" - What does it mean to be a good friend? How do you handle things when friendships get tough? What does it mean when Jesus calls us his friends? And what does that mean for our relationship with God? Theme verse is John 15:13-15. Please see Leslie for a registration form and if you need any assistance with funds.

Want more information? Click on the links below:

[JUNIOR HIGH JAMBOREE BROCHURE](#)

[JUNIOR HIGH REGISTRATION](#)

ROLLER SKATING AND PIZZA | FEBRUARY 3

Roller Skating/Pizza - Meet at North Valley Friends (4020 N College) at 2 p.m. on Friday, February 3. Return to North Valley Friends by 7:30 p.m. (North Valley van will return by 7pm for the all church retreat!) Hillsboro Skate World. Dinner at Pizza Hut. Cost is \$6. Yes, you can invite your friends! Make sure to reserve a spot by contacting Eric, Leslie, or Jon to let us know you plan to come.



BIRTHDAYS

- 1 Espen Bock
- Michael LeClair
- 3 Jody Hamm
- 6 Greg Woolsey
- 7 Hector Munn
- 9 Ramona Ford
- 11 Al Crackenberg
- Brian Bews
- Emily-Grace Cropper
- Lynn Holt
- 16 Ryan Murray
- 17 Jessica Baker
- 19 Olivia Anderson
- Barb Vogel
- 20 Scot Headley
- Leah Rupp
- 21 Bryan Harris
- Adina McConaughy

ANNIVERSARIES

- 21 Bryan & Kim Boyd

NORTH VALLEY FRIENDS CHURCH

4020 North College Street
Newberg, OR 97132

NORTH VALLEY FRIENDS CHURCH

Staff:

- Lynn Holt Lead Pastor
- Leslie Murray Pastor, Children & Youth
- Paul Bock Pastor, Worship & Community Life
- Erim Hampton Administrative Assistant
- Cherie Bock Media & Website Administrator
- Noel Carey Children's Education Assistant
- Lauren Dodge Youth Ministry Intern

North Valley Friends is a Quaker community of ministers who seek to follow Jesus Christ faithfully, love each other deeply and continue His ministry in the world.

VISIT US ONLINE:

NVFC: www.northvalleyfriends.org

NWYM: www.nwfriends.org

This newsletter is available online at www.northvalleyfriends.org

CHURCH OFFICE

Office Hours:

Monday 9:00 am-1:30 pm
Wednesday 9:00 am-1:30 pm
Friday 9:00 am-1:30 pm

Phone: 503-538-5340

E-Mail: office@northvalleyfriends.org

SCHEDULE OF SERVICES

Sunday:
9:30 am Sunday School for all ages
9:30 am Unprogrammed Meeting
10:45 am Programmed Meeting