

## **NORTH VALLEY FRIENDS ANNOUNCEMENTS | 2.17.21**

### **A Walk of Remembrance**

On February 26<sup>th</sup> and 27<sup>th</sup> you are invited to participate in A Walk of Remembrance at the North Valley Friends Church walking trail. The focus of the event is reflection on and lamenting the injustice and harm done to Blacks, Indigenous, and People of Color at the hands of white people in the United States of America. At each peace pole there will be a reading of an occurrence in U.S. and/or Oregon history describing a traumatic and painful event in the lives of BIPOC. The walk of remembrance will be available during daylight hours.

### **Civility Project Website**

Ron Mock has continued working with GFU on the civility project. You can check out the website here - [Civility Project website](#). You might even recognize Leslie's sermon from Sunday on there! (shameless self promotion)

### **Newberg Emergency Shelter**

If you are able, the emergency shelter has spots to fill for the remainder of the week. They could use dinner donations for the week as well. Message me if you can donate - Kara Davidhi (971)400-7856 or Sarah Grider (503)545-8785. Sign up for a shift or two at the link below:

<https://www.signupgenius.com/go/9040c45abac2da6fd0-emergency>

### **Bree Becker with Oregon Virtual PT**

Many of you know me or knew of my family through my parent's work in Rwanda or grandparent's work in Bolivia. When I moved here nearly 8 yrs ago to start college, I had no idea this would be my home for so long. I am incredibly grateful to have called North Valley my church-home for many of those years! If you're wondering if this is a moving announcement, no it is not - in fact it's quite the opposite. I have recently gained my degree and license as a Doctor of Physical Therapy, and started up a telehealth practice called Oregon Virtual PT. The reason my good friend, Patrick (also a PT from my class at GFU), and I started Oregon Virtual PT was to increase access to high-quality physical therapy services within Oregon. Our services are especially suited for people who do not want to or cannot leave their homes/work for healthcare appointments, have insurance that restricts access to musculoskeletal specialists, don't have insurance at all, or just need a one-time assessment to know if something that's been bothering them needs to be checked out further or if they can manage it at home. My specialized training has been in back pain and chronic pain, although I enjoy partnering with patients with all sorts of conditions. In a time when it can take weeks to months to get a doctor's appointment, we are able to see people within a couple days of them reaching out. Our services do not require an MD's prescription or insurance, instead each visit is paid for out-of-pocket at very affordable rates, near the amount most folks would pay as an insurance co-pay for a PT visit. We have worked hard to create an accessible, empowering, outcome-driven healthcare option for whoever needs it. We are in the process of praying/seeking guidance on where and how our services could best meet healthcare needs within Oregon, and would appreciate it if you would join us in prayer and/or let us know if you think of ways we can support this community or others you know. If you'd like to learn more or share something, you can reach out to me directly ([breanna.beckerdpt@gmail.com](mailto:breanna.beckerdpt@gmail.com)) or visit our website: [oregonvirtualpt.com](http://oregonvirtualpt.com).

### **Unprogrammed Worship, Sunday @ 9:30am**

Unprogrammed worship will meet on Zoom this Sunday. Nate will send the link out on Friday.

**Middle and High School Youth Zoom**

We'll start meeting for Zoom Youth Group on Wednesdays at 6:30 p.m. through March (starting Feb. 3). There will be breakout rooms dividing middle school and high school students for check-ins and discussions after watching shared teaching videos. Check with Sammy for the link.

**Middle School and High School - Friday Zoom Fun!**

Join us at 2pm for Friday Fun (Each Friday in Jan. - Feb) on Zoom for connection and virtual party games. Bring your own snack—it would also be helpful for each person to have a phone/tablet and each household to have one additional phone/tablet. (So one youth might need two devices, a two youth household needs three, etc.). As always we appreciate pets on screen! Check in with Sammy for the link.

<b><u>2020-2021 Budget (July-Jun) General Fund Tithes and Offering</u></b>	
Donations are accepted at <a href="http://northvalleyfriends.org">northvalleyfriends.org</a>	
Need more info? E-mail Ceress Sanders at <a href="mailto:ceress.sanders@gmail.com">ceress.sanders@gmail.com</a>	
<b>February 2021</b> Budgeted Tithes/Offerings:	<b>\$18,352.50</b>
February 2021 Tithes/Offerings Received through 2.14.21	<b>\$7,482.20</b>
Percent of Month's Projected Tithes/Offerings Received:	<b>40.77%</b>
<b>Fiscal Year</b> Budgeted Tithes/Offerings To Date (July-Jan):	<b>\$154,352.50</b>
Tithes/Offerings Received To Date (July-Jan):	<b>\$138,387.51</b>
Percent of Budget/Offerings Received (July-Jan):	<b>89.66%</b>
<b>Emergency/Benevolent Fund Balance:</b>	<b>\$4,183.52</b>